

Returning visitors from the affected areas in West Africa - Liberia, Guinea, Sierra Leone and Nigeria, should monitor their health for three weeks (21 days). In case of sudden onset of fever, weakness, muscle pain, headache, sore throat followed by vomiting, diarrhea, rash or bleeding within three weeks after return, they should seek rapid medical attention and mention their recent travel, to the attending physician.

### **Information for travelers regarding Ebola Virus Disease (EVD)**

- Ebola Virus Disease is rare
- Symptoms include fever, weakness, muscle pain, headache and sore throat. This is followed by vomiting, diarrhea, rash, and in some cases, bleeding
- It is transmitted through direct contact with blood or other bodily fluids from infected persons or wild animals, or through exposure to objects that have been contaminated with infected secretions
- There is no specific vaccine or treatment for Ebola Virus Disease
- The following preventive measures should eliminate the risk of getting infected:
  - Avoid all contact with blood and other bodily fluids of infected people or animals
  - Do not handle items that may have come in contact with an infected person's blood or other bodily fluids
  - Avoid any form of close contact with wild animals, including monkeys, forest antelopes, rodents and bats, both alive and dead, and consumption of any type of "bushmeat"
  - Avoid habitats which might be populated by bats such as caves, isolated shelters or mining sites
  - Avoid having unprotected sexual intercourse
  - Practice careful hand and personal hygiene

For eventual further information that you need you can contact the following health care facilities:

- Institute of Public Health of Serbia "Dr Milan Jovanovic-Batut", Dr Subotića Str. No.5, 11000 Belgrade; Tel. 00381 (0) 11/2684-566 / local line:122
- Institute of Public Health of Vojvodina, Futoška Str. No.121, 21000 Novi Sad; Tel. 00381 (0)21/4897-841
- Institute of public Health of Nis, Boulevard of dr Zorana Djindjić, No.50, 18000 Niš; Tel. 00381 (0)18/4204-020
- Institute for Public Health of Kragujevac, N. Pasic Str. No.1, 34000 Kragujevac, Tel. 00381 (0)34/504-520
- City Institute of Public Health of Belgrade, Boulevard of Despot Stefan 54a/TV 11000 Belgrade, Tel. 00381 (0)11 3238-102